

2012—It Could Be Your Last Year—Make It Your Best!

Stop getting ready to live! If this was your last year, what one thing would you do? What would you regret if you never did it? GET ON IT!!!

Know Thyself. What are the first three new things you can try in 2012? Think of something that intrigues you, but you've never tried it before. Write a deadline by each one.

Not growing? Stop dying. Plan at least two educational things you can do in 2012. Can be a new conference to attend, a book to read, a seminar or workshop, even a new documentary to watch. Anything that will advance your knowledge.

What can you let go of to make room for something better? Think of something/someone that would free up time or energy or emotion. This can be more powerful than you imagine.

Post Office Box 31692, Raleigh, N.C. 27622
E-mail deniseryan@firestarspeaking.com Phone (919) 788-0291 Fax (919) 784-8109
Web site www.firestarspeaking.com
Like me on Facebook—Denise Ryan Firestar Speaking

